

School Wellness Policy Building Annual Progress Report

School Name: **Little Red School Wellness** Contact Name/E-mail: **Kathy Romero Kromero@sced28.com**

This tool is to document each school's progress in meeting the expectations of the district's wellness policy. Schools should document the steps that have or will be taken. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of all goals.

| Wellness Policy Language <i>(add more lines for goals as needed and change goal titles based on local policy language)</i> | Fully in Place | Partially in Place | Not in Place | List steps that have been taken to implement goal and list challenges and/or barriers of implementation. | List next steps that will be taken to fully implement and/or expand on goal. |
|--|-----------------------|---------------------------|---------------------|--|---|
| Nutrition Education and Promotion Goals | | | | | |
| 1. <i>Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.</i> | X | | | Nutrition education is part of the students' every day P.E. class. | |
| Physical Education and Physical Activity Goals | | | | | |
| 1. P.E. daily activity for all students | X | | | All students receive daily physical activity during their P.E. class. | |
| Nutrition Guidelines Available to Students | | | | | |
| 1. "Choose My plate" visuals for students to choose their daily nutrition daily intakes provided to all students. | X | | | <i>Cafeteria has posters with "Choose my plate" diagrams for students to choose from all food groups.</i> | . |
| School Based Activity to Promote Student Wellness | | | | | |
| 1. Middle School students receive daily breakfast to promote healthy eating | X | | | <i>Cafeteria ladies provide middle school students with breakfast at a later time in the morning to make sure all students eat a healthy meal.</i> | . |
| Communication | | | | | |
| Wellness policy known to all stakeholders through school web site, student and staff handbook. | X | | | <i>School wellness policy made available to all of our students, parents, and school families.</i> | . |

****Any one is welcome to participate in development and review of the Wellness Policy by contacting school principal via e-mail at Kromero@sced28.com.**